

# Salto de Gaíntza

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**Create:** 2026-03-14 22:17:10

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**Country:** España / Spain **Region:** Navarra, Comunidad Foral de **Subregion:** provincia de Navarra **Town:**

**Difficulty:** difficult

**Grading:** v5 a2 III

**Total time:** 4h40

**Approachtime:** 2h

**Tourtime:** 2h

**Returntime:** 40min

**Altitude entry:** m

**Altitude exit:** m

**Delta Altitude:**

**Canyon length:** 500m

**Highest rapell:** 67m

**Amount rapells:**

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:** January - December

**Orientation:**

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:** (machine translated)

Spectacular waterfall in the Aralar mountain range. Hard approach but worth it, slippery, demanding, technical... Only suitable for people with experience.

Review regulations <https://montanaregulada.org/area/aizkorriko-zuloa-salto-de-gaintza> to 2022 allowed

**Hydrology:** (machine translated)

Not in the vertical and complicated in the rest because of the difficult terrain, it is necessary to know the area well.

**Access:** (machine translated)

Located between Pamplona and Donosti, in the beautiful village of Lekunberri with its beautiful greenway from Plazaola to Tolosa by the NA1300.

Between arribe and Betelu, turn off to Gaíntza. We cross the village and continue along a small road to the last houses/fincas. From here we will see the magnificent waterfall to descend.

**Approach:** (machine translated)

We will follow the GR that goes up to Irumugarrieta, we will arrive at a spring almost at 1000m of altitude, soon the path turns south (left) and we must go to the right following a lost and losing path through some grassy meadows quite slippery. We enter the forest and without losing altitude we will be looking for a spring that feeds our ravine, we follow the channel to a first jump, ramp with installation in a tree on the left.

**Tour:** (machine translated)

A first ramp rappel of about 30m followed by another short one, we walk between branches and fighting with the environment to reach the next short rappel before the hanging R40 that gives us access to the large waterfall of more than 60m.

We have a first rappel of 20 and then another of about 47 in a hanging installation, exposed and quite difficult. In case of high flow, it will be very difficult to find it and install it, so it is better to plan for 70m ropes to install from the top to the ground, if necessary, about 65m of rappel.

**Return:** (machine translated)

Follow the riverbed to a path that leads to the right to the access path.

**Coordinates:**

Canyon Start [43.0144 -2.0160](#)

Canyon End [43.0144 -2.0159](#)

Unknown [43.0099 -2.0293](#)

Unknown [43.0099 -2.0289](#)

Unknown [43.0100 -2.0286](#)

## Reports:

2024-06-16 | System User | |📖|📍| |

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