

Celano

Gole di Celano, Torrente la Foce, Gola del Torrente La Foce

Info: The quality of this description has not been checked yet or was rated bad.

If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2023-03-09 20:53:28 **Update:** 2023-11-25 20:39:47 **Print:** 2026-02-11 07:02:05

Country: Italia / Italy **Region:** Abruzzo **Subregion:** L'Aquila / Provincia dell' Aquila **Town:** O vindoli, Celano

Difficulty: a little difficult	Grading: v4 a4 II	Total time: 2h55
Approach time: 15min	Tourtime: 2h	Returntime: 40min
Altitude entry: 1225m	Altitude exit: 1050m	Delta Altitude: 175m
Canyon length: m	Highest rappel: 17m	Amount rapells: 6
Transport: on Foot	Rock type:	Drainage area: km ²
Season:	Orientation: South	Best Time:
Rating: ★ 2.1 (1)	Info: ★ 0 ()	Belay: ★ 0 ()

Specialities:

Gear:

Ropes: 2x20m

Summary:

(machine translated)
Rappel canyon at the beginning of a great canyon

Hydrology:

Access:

(machine translated)
Approach either from Rome (approx. 100 km from the junction with the A-1) or from Pescara / Adria (approx. 100 km from the junction with the A-14), either way on the A-24. At the Celano exit (approx. 12 km east of Avezzano), turn off towards Celano and continue northwards up to O vindoli (1379 m above sea level). Shortly after O vindoli, a road - which later becomes a dirt track - leads in an easterly direction. Keep to the right for about 4 km across the plateau to its exit. Where hiking trail no. 12 leaves the plateau to the southeast (first slightly uphill, then descending into the Gole di Celano), park the car.

Approach:

(machine translated)
From the parking lot, turn north, cross the stream, see a fountain on the righthand side, pass it and follow the course of the stream on the orographic left. At 1220 m above sea level you come to the actual entry into the canyons.

Tour:

(machine translated)
The somewhat different forest gorge - not without charm.
After this tour, you can also walk down the entire canyon on the hiking trail, but you should then have parked a second vehicle at the exit of the canyon. To do this, just before (below) the village of Celano, follow the signs for 'la Foce' eastwards along a dirt road to the parking lot not far from the canyon exit.

Return:

(machine translated)
After the last 9m rappel, which can be bypassed on the left, continue walking along the streambed, past the 'Fonte degli Innamorati' (1029m), until you meet the crossing trail n. 12. Follow it up to the right (also orographic right) to reach the car.

Coordinates:

Canyon Start [42.1226 13.5729](#)

Canyon End [42.1169 13.5718](#)

Reports:

2023-03-09 | System User | ★★ | 🗺 | ⚓ | |

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