Arroyo de La Capia

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2026-03-14 21:52:20	**Update:** 2026-03-14 21:52:20	**Print:** 2026-11-10 06:11:42
Country: España / Spain **Region:** Cantabria **Subregion:** Cantabria **Town:**		
Difficulty: not as difficult	**Grading:** v3 a2 I	**Total time:**
Approachtime: 1h	**Tourtime:**	**Returntime:** 1h
Altitude entry: m	**Altitude exit:** m	**Delta Altitude:**
Canyon length: m	**Highest rapell:** 40m	**Amount rapells:**
Transport:	**Rock type:**	**Drainage area:** km²
Season: January - December	**Orientation:**	**Best Time:**
Rating: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)
It is recommended to do the La Capia and Coteruela descents together, since the La Capia descent ends right where the Coteruela begins.
To combine with the ferrata and any of the other descents of Pandillo.

Hydrology:

Access: (machine translated)
Access to Vega de Pas area
We must arrive to Vega de Pas. From the N623 in Entrambasmestas we will take the CA263.
When arriving at Vega de Pas we will turn off by the CA630 to Pandillo.
Aguasal, La Coteruela, La Capia and Ruyemas ravines.
We will park in the village

Approach: (machine translated)
Accesses Aguasal, La Coteruela, La Capia and Ruyemas
From Pandillo, we continue along a path that leads to Estribera, cross the bridge over the stream and turn right following the PR-S62 (Miradores de Valnera) that takes us parallel to the stream. We reach a fork, where we will continue straight ahead towards Praderas de Ruyemas PR-S76 where we cross the river and reach the Ruyemas huts. We will walk between them in a straight direction looking for the bottom of the valley. We find the end of the descent of Ruyemas where it joins the stream Coteruela, we climb parallel to the latter following the milestones and markings to reach the beginning of the ravine.

Tour: (machine translated)
We will find continuous small-span rappels and some 34 m equipped ramps. The eighth rappel is a 24 m ramp followed by two longer rappels of the route. The tenth rappel is one of the most spectacular and beautiful of the descent, a 35-meter rappel over a waterfall that is almost entirely blown out, watch out for the rope rubbing. A small projection of 6 meters and after some projections we arrive until the last and longest rappel (40m) of the stream. Once this last obstacle is overcome, a series of ledges lead us to the confluence of the Coteruela stream.

Return: (machine translated)
From the last one we will go out to look for the path that we have used in the ascent, returning to Pandillo or continue the descent of the Coteruela ravine (Recommended).

Coordinates:
Canyon Start 43.1450 -3.7217
Canyon End 43.1450 -3.7216
Unknown 43.1322 -3.6966
Unknown 43.1317 -3.6999

Reports:

2024-06-16 | System User | |🕮 |⚓ | |
Todos los datos importados desde https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:cantabria:capia