

# Sulzau Alpin

**Info: The quality of this description has not been checked yet or was rated bad.**

If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

<b>Create:</b> 2023-03-09 20:49:53	<b>Update:</b> 2024-01-02 17:35:07	<b>Print:</b> 2026-02-11 07:02:19
<b>Country:</b> Österreich / Austria	<b>Region:</b> Salzburg	<b>Subregion:</b> Bezirk St. Johann im Pongau
<b>Difficulty:</b> a little difficult	<b>Grading:</b> v4 a2 IV	<b>Total time:</b> 6h15
<b>Approachtime:</b> 3h30	<b>Tourtime:</b> 2h15	<b>Returntime:</b> 30min
<b>Altitude entry:</b> 820m	<b>Altitude exit:</b> 620m	<b>Delta Altitude:</b> 200m
<b>Canyon length:</b> m	<b>Highest rappel:</b> 53m	<b>Amount rapells:</b> 15
<b>Transport:</b> on Foot	<b>Rock type:</b>	<b>Drainage area:</b> km <sup>2</sup>
<b>Season:</b>	<b>Orientation:</b>	<b>Best Time:</b>
<b>Rating:</b> ★ 2 (1)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()

## Specialities:

### Gear:

Ropes: 2x50 (2x30m)

### Summary:

Beautiful alpine open canyon; limestone rock; Begehung only on weekends because the exit leads through the private factory premises of "sand and gravel"!; 3-4mm neoprene or shorty usually sufficient.

### Hydrology:

#### Access:

(machine translated)  
from Sbg.Süd --> A10 ri. Villach --> exit mountain pass Lueg --> at the traffic circle on the right --> until Gasthof Stegenwald/Driving Safety Center --> park here (approx. 500Hm).

#### Approach:

(machine translated)  
On our ascent, we followed hiking trail 220 in the direction of Happischhaus up to approx. 1140 m (signpost on the tree). From here, leave the hiking trail on the right to climb slightly uphill through the open, rough terrain to the 1st ditch. A narrow path should now be recognizable at the ridge in front of the ditch (if not climb a little higher). After descending into the 1st ditch, follow the path with the red/white markings. The old path to the Eckhardalm at 962m is partly very exposed, leads through several ditches and steep forest (the path is no longer easy to recognize in the forest ☐ GPS or map is an advantage). Once you have reached the well-preserved Eckhardalm, the trail leads from the alpine pasture first across the meadows and then downhill into the forest to the south. Here you will come across tracks leading first to the right and then to the left to the rocks of the Bäreggrinn. At a suitable point, climb through the chute to reach a wide ridge, which you follow downhill to an altitude of approx. 820m. Here there is a free spot to rappel from the tree into the stream.

#### Tour:

(machine translated)  
On the slope to the stream, look orographically right at approx. 820m for a free spot to rappel from a tree approx. 30m into the stream. Once in the streambed, the next abseil point is right next to a tree. From the beginning, the route continues in the open streambed without any great difficulty or distance over steps up to a maximum of 25m down into the valley. At the end you have a view down to the 53m waterfall. Almost all abseiling points are in the course of the water and exit in shallow pools. There are no emergency exits, but you almost always have the opportunity to get to safety before the water. The ideal time for an ascent is in spring (melt water) or after rainy days, as there is usually little to no water in the canyon. The canyon has been adequately equipped, so there are always 2 bolts with rings at the higher abseil points. In order to avoid having to carry 2x50m of ropes, the 53m final waterfall has been divided (intermediate point after approx. 20m). The last 3m of the high waterfall can also be downclimbed. For the last 5m steps after that there is a bolt right. The exit is at approx. 620m in the gravel work.

**Return:** (machine translated)

The factory premises should be left as inconspicuously as possible, straight on, in the direction of the main road. When you reach the bridge at the main road, follow the road on the right for approx. 1.2 km until you reach the Stegenwald parking lot (if necessary, park a shuttle car at the bridge = approx. 15 min time saving).

**Coordinates:****Reports:**

2023-03-09 | System User | ★ ★ | ☰ | ⚓ | |

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