

Bärenfall

Create: 2023-08-28 13:17:51	Update: 2025-08-05 18:21:27	Print: 2026-02-11 02:02:52
Country: Schweiz / Switzerland Region: Kanton Bern / Canton de Berne Subregion: Verwaltungskreis Frutigen-Niedersimmental / Frutigen-Niedersimmental administrative district Town: Tschingel		
Difficulty: difficult	Grading: v5 a1 ?	Total time: 1h55
Approach time: 45min	Tour time: 1h	Return time: 10min
Altitude entry: 1245m	Altitude exit: 1155m	Delta Altitude: 90m
Canyon length: 100m	Highest rappel: 80m	Amount rappells: 2
Transport: on Foot	Rock type:	Drainage area: 0.50km ²
Season:	Orientation: Northeast	Best Time: 9-17 o'clock
Rating: ★ 5 (1)	Info: ★ 3 (1)	Belay: ★ 1 (1)
Specialities: § Chargeable parking, Only suitable after rain,		
Gear: Ropes: 2x90m drill tool,		
Summary: (machine translated) A waterfall approx. 80 m (35 / 45)		
Hydrology: (machine translated) Light stream that probably only carries water directly after rainfall.		
Access: (machine translated) By car to the paid parking lot at the exit of the Kiental (at the exit of the Griesschlucht)		
Approach: (machine translated) From the Tschingelsee, follow the Bärenpfad in the direction of Griesalp / Golderli. The well-maintained hiking trail first leads steeply uphill and then crosses a small bridge over a stream. Continue on the path until you see a conspicuous building on the meadow on the right (downhill). Walk across the meadow to the edge of the forest, where you meet the small stream just before the slope. Continue to follow the stream.		
Tour: (machine translated) For the last few meters to the edge, hang a rope from a tree and use it to descend secured to the last suitable tree. Use another tree as a natural anchor and rappel from there for about 80 meters. An intermediate stand can be set up after approx. 35 meters (in the water!) - but it is unlikely to find suitable anchors here.		
Return: (machine translated) 230 meters across the meadows to the parking lot		
Coordinates: Parking Entry and Exit 46.5495 7.7560 Canyon Start 46.519 7.7556 Canyon End 46.5510 7.7555 Waypoint 46.5527 7.7502 Waypoint 46.5536 7.7530 Waypoint 46.5524 7.7552		
Reports: 2021-11-02 Christian Balla ★★★★★ ★★★★ ⚡ ★ ⚡ Normal ✅ Completed Good alternative if there is too much water everywhere else. 1 waterfall, rappel from the forest. See https://www.christian-balla.de/~130 ATTENTION: We have drilled the intermediate stand in the middle of the waterfall. This is probably impossible to find or very quickly in a critical condition. Be sure to take material for the intermediate belay or sufficiently long ropes! (machine translated)		