Sinigo (intermedio)

Rio Sinigo (Intermedio)

Create: 2024-08-09 08:49:54	**Update:** 2026-02-18 09:12:11	**Print:** 2026-11-10 02:11:39
Country: Italia / Italy **Region:** Trentino-Alto Adige **Subregion:** Bolzano **Town:** Merano		
Difficulty: a little difficult	**Grading:** v4 a3 III	**Total time:** 2h20
Approachtime: 15min	**Tourtime:** 2h	**Returntime:** 5min
Altitude entry: 770m	**Altitude exit:** 575m	**Delta Altitude:** 195m
Canyon length: 1000m	**Highest rapell:** 45m	**Amount rapells:** 11
Transport: Car optional	**Rock type:**	**Drainage area:** km²
Season:	**Orientation:**	**Best Time:**
Rating: ☆ 3.9 (3)	**Info:** ★ 2.7 (3)	**Belay:** ★ 2.3 (3)

Specialities:
Water catchment,

Gear:
Ropes: 2x 50m

Summary: (machine translated)
Canyon with a lot of water flow, without narrow sections.
One jump, otherwise rappel.

Hydrology: (machine translated)
Water catchment at the foot of the 130m waterfall before entry.

Access: (machine translated)
Attention! Do NOT park the car on the slope at the upper parking lot! Danger of falling rocks!

Approach: (machine translated)
From the parking lot, follow the road for a short distance and then turn right onto the hiking trail to Cascata. Follow this until you reach the foot of the 135 m waterfall (the exit of the upper part).

Tour: (machine translated)
Once you reach the stream, you stand on a "balcony" with a railing. To the left of the large stone is a good downclimb. Then go directly to the right and walk underneath the retaining wall until you almost reach its exit. On the left-hand side, there are climbing tracks down to a small ridge. Follow these down a few meters and downclimb again to the left - i.e. back towards the large waterfall. Here you will find a single bolt on a slab with which you can reach the belay about 15 meters ahead (do not go down to the stream - keep up - the belay is behind the small crest.

In the further course of the stream, rappel in the wide terrain, a lot of time is spent looking for anchors. Alternatively, there are often trees for rappels. For a Pro Canyon equipped canyon quite poorly equipped (or we simply did not find the anchors).
Be careful with the potential jumps - for us, only one pool was deep enough (there is a thick rope on the left hand side to get back up)

Return: (machine translated)
After the slide brake (concrete structure) turn right out to the car - 2 min.

Coordinates:
Canyon Start 46.6353 11.2036
Canyon End 46.6331 11.1961
Parking at Exit 46.6333 11.1958
Parking at Exit 46.6329 11.1954
Parking at Entry 46.6386 11.1944

Reports:

2025-06-20 | Federico | ☆ ☆ ☆ ☆ | 🕮 ★ ★ ★ | ⚓ ★ ★ ★ | Normal | Completed
Nice fun canyon. New anchors and diverters. Caution in the 45 mt rappel use the lowest limb to reduce rope friction (do not use the first but look about 5 mt below the first). (machine translated)

2024-08-09 | Peisen | ☆ ☆ ☆ ½ | 🕮 ★ ★ | ⚓ ★ ★ | Normal | Completed
Very beautiful. Not very slippery except for the access to the aquatic rappel of the 45m high rappel, which is very very slippery. Alternatively, this waterfall can also be walked dry on the right. Unfortunately, a lot of garbage in the canyon, especially in the freely accessible areas. (machine translated)

2024-08-04 | Daniel Sturm | ☆ ☆ ☆ ☆ | 🕮 ★ ★ ★ | ⚓ ★ ★ | Normal | Completed
Beautiful canyon with good water in the wide run. It took us a long time to find the first stand. Now well described. Water level picture from the bridge at the exit (machine translated)

Parts:
Sinigo (superiore), v6 a5 V, 20min+6h+20min
Sinigo (intermedio), v4 a3 III, 15min+2h+5min
Sinigo (inferiore), v3 a5 IV, 2min+2h30+20min