

# Garganta de Montgarri

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**Create:** 2026-03-14 22:14:22

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**Country:** España / Spain **Region:** Cataluña / Catalunya **Subregion:** provincia de Lérida / Provincia de Lleida  
**Town:**

**Difficulty:** difficult

**Grading:** v2 a5 III

**Total time:** 1h

**Approachtime:** 15min

**Tourtime:** 40min

**Returntime:** 5min

**Altitude entry:** m

**Altitude exit:** m

**Delta Altitude:**

**Canyon length:** 250m

**Highest rapell:** 2m

**Amount rapells:** 1

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:** June - August

**Orientation:**

**Best Time:**

**Rating:** ★ 0 ()

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

**Summary:** (machine translated)

Small gorga next to Montgarri, very nice, well formed but very short. To combine with Lastoar or some other activity. Caution with the flows!

**Hydrology:** (machine translated)

Inside the gorget no

**Access:** (machine translated)

We must be located in Baqueira.

From the Val d'Aran by the N230, or from France by the N125 to Vielha and go up to the Bonaigua.

From Sort side crossing the Port de la Bonaigua.

Once in Baqueira we will go up to Beret, when we arrive to Pla de Beret the road ends and we will have the track that takes us to Montgarri in front of us. It is a track for any type of car, follow the signs to the refuge of Montgarri, where we will park. Great place to sleep, eat, spend the day, ....

**Approach:** (machine translated)

Access to Bcos Lastoar and Montgarri

By the path on the orographic left of the Noguera Pallaresa, we will go up until before the borda (1.2 kms). From these pastures we can already see the way to access the riverbed.

**Tour:** (machine translated)

Short but beautiful gorga, very careful with the flow rates.

**Return:** (machine translated)

When the gorget opens, we go left or right.

**Coordinates:**

**Reports:**

2024-06-16 | System User | |📄|📍| |

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