

# Ribeira de Praia Lisboa

Praia Lisboa sup.+inf.,Ribeira de Praia Lisboa integral,Praia Lisboa

## **Info: The quality of this description has not been checked yet or was rated bad.**

If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

**Create:** 2023-03-09 20:50:42    **Update:** 2023-10-14 09:16:10    **Print:** 2026-02-11 09:02:22

**Country:** Cabo Verde **Region:** Ribeira Grande **Subregion:** **Town:** Ponta do Sol

|                                       |                            |                                       |
|---------------------------------------|----------------------------|---------------------------------------|
| <b>Difficulty:</b> a little difficult | <b>Grading:</b> v4 a1 III  | <b>Total time:</b> 4h20               |
| <b>Approach time:</b> 1h              | <b>Tourtime:</b> 3h        | <b>Returntime:</b> 20min              |
| <b>Altitude entry:</b> 310m           | <b>Altitude exit:</b> 10m  | <b>Delta Altitude:</b> 300m           |
| <b>Canyon length:</b> 500m            | <b>Highest rappel:</b> 53m | <b>Amount rapells:</b> 6              |
| <b>Transport:</b> Car optional        | <b>Rock type:</b>          | <b>Drainage area:</b> km <sup>2</sup> |
| <b>Season:</b>                        | <b>Orientation:</b> North  | <b>Best Time:</b>                     |
| <b>Rating:</b> ★ 3 (2)                | <b>Info:</b> ★ 0 ()        | <b>Belay:</b> ★ 0 ()                  |

## **Specialities:**

### **Gear:**

Ropes: 2x60m

### **Summary:** (machine translated)

Abseil canyom, usually dry; ends at the seashore.

### **Hydrology:**

#### **Access:** (machine translated)

From Ribeira Grande westward in the direction of Ponta do Sol. After about 4 km on the coastal road, you reach the first houses of Ponta do Sol on a small hill. Do not go down into the village, but turn left in the direction of a small white church with three naves and a flight of steps. This is also the way to the picturesque village of Fontainhas. Pass the little church on the left and go above the village in a westerly direction. Below the road we see a pig farm. On the exposed road we drive about 1.5 km and then reach the streambed of Praia Lisboa (this is actually the name of the beach below) in a valley cut. Above, some palm trees grow and the view falls on the high rock wall at the end of the valley. We have reached the starting point.

#### **Approach:** (machine translated)

Continue on the road for about 50 m, then a path on the left goes up the slope. On this we reach in a large arc - partly quite exposed path - the hill above the 108 m 'waterfall' and the streambed.

#### **Tour:** (machine translated)

First a high step with a 103m drop that has a changeover after 53m. Then running track to the road. Attractive is the lower part because of the shades of volcanic rock and ending the tour on the sandy beach.

#### **Return:** (machine translated)

After the last rappel onto the beach, we take the path that leads back to Ponta do Sol just above the sea. Here we have no difficulty in organizing again a (collective) cab for the return trip.

## **Coordinates:**

Canyon Start [17.1922 -25.0987](#)

Intermediate Canyon Exit [17.1933 -25.0986](#)

Canyon End [17.1956 -25.0978](#)

Parking at Entry [17.1940 -25.0977](#)

Parking at Exit [17.2011 -25.0944](#)

## Reports:

2024-03-28 | System User |   |  Dry |  Completed

Automatisch importiert von Descente-Canyon.com für Canyon Praia Lisboa (inferieur) retour délicat et exposé  
(Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22175/observations.html>)

2023-03-09 | System User |    |   | |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/22175>

2023-03-09 | System User |   |   | |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/RibeiradePraiaLisboaCanyon.html>