Sot del Poll

Info: The quality of this description has not been checked yet or was rated bad.
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2026-03-14 22:17:29	**Update:** 2026-03-14 22:17:29	**Print:** 2026-11-10 02:11:08

Country: España / Spain **Region:** Cataluña / Catalunya **Subregion:** Barcelona [Barcelona] / Provincia de Barcelona **Town:**

Difficulty: easy	**Grading:** v2 a1 I	**Total time:** 1h40
Approachtime: 20min	**Tourtime:** 1h	**Returntime:** 20min
Altitude entry: m	**Altitude exit:** m	**Delta Altitude:**
Canyon length: 160m	**Highest rapell:** 16m	**Amount rapells:** 7
Transport:	**Rock type:**	**Drainage area:** km²
Season: January - December	**Orientation:**	**Best Time:**
Rating: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)
Short and easy descent in the Maries area, generally without water, except after rains. Perfect to combine with any other in the area, best to avoid the hottest hours of the summer.

Hydrology:
Posibles

Access: (machine translated)
We will take the C17 to Figaró.
Exit and continue along Carrer de Ribes to the bridge over the freeway (Pont de Montmany), where we turn left.
After crossing the bridge we reach the tracks and the Montmany signposts on the left.
We will follow this road for a few kilometers until we find in a left curve, the access to the tennis courts. Right here we have a place to park.

Approach: (machine translated)
On the road that goes up to the right to the tennis courts, we will continue along this road, then track, which runs parallel to our road a few meters above. Before the kilometer makes a left turn to get into the small basin of the stream, a few meters before reaching the junction over the stream we will see the access to the right.

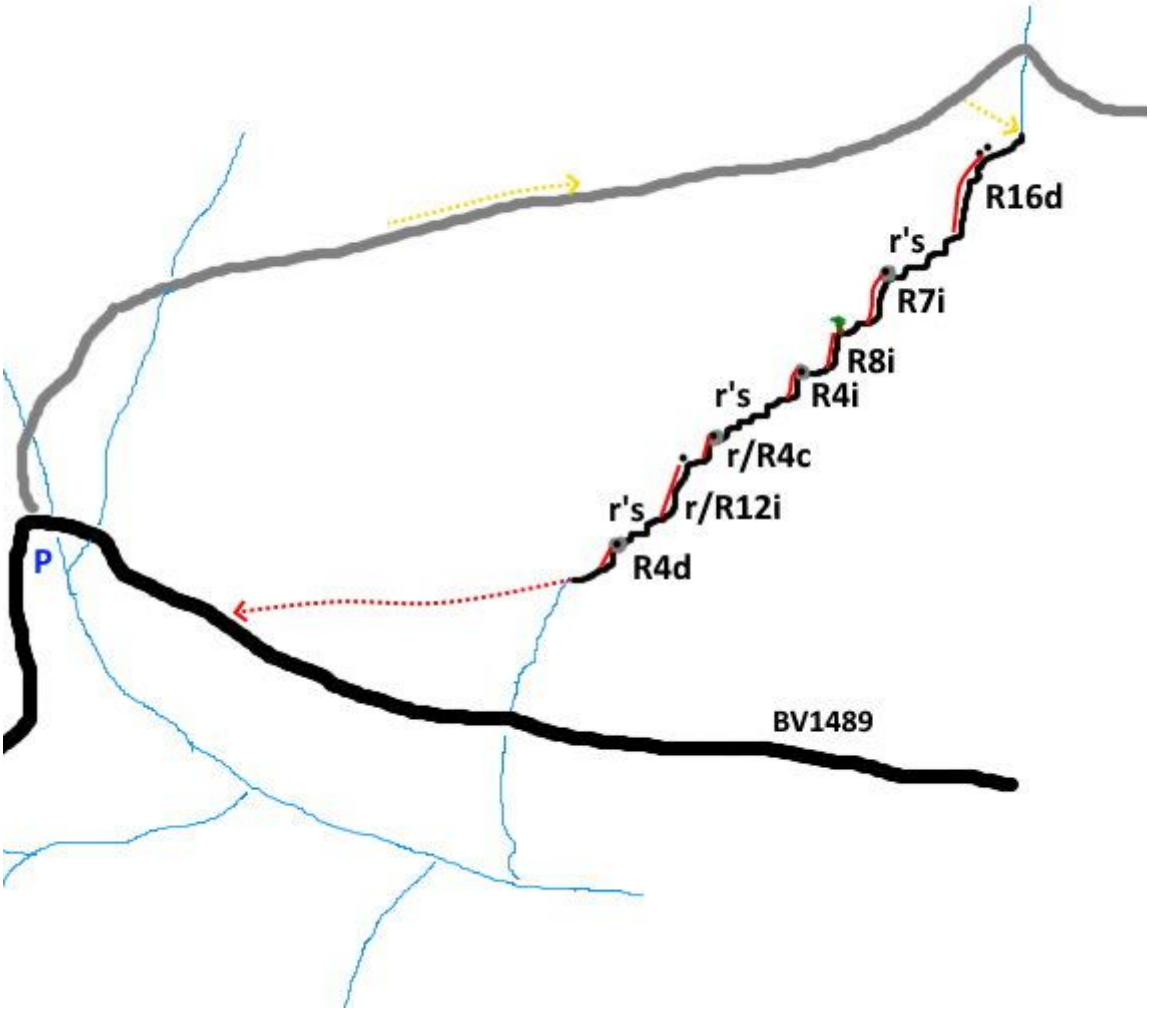
Tour: (machine translated)
A succession of small rappels and abseilings

Return: (machine translated)
After the last rappel a small path on our right leads us to the road, we follow it and we are in the car.

Coordinates:

Reports:

2024-06-16 | System User | |🕮 |⚓ | |
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