Cascades de Louch

Create: 2023-04-20 09:11:00	**Update:** 2023-10-14 09:16:29	**Print:** 2026-11-10 02:11:52
Country: France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-Maritimes **Town:** Isola		
Difficulty: difficult	**Grading:** v5 a4 IV	**Total time:** 3h50
Approachtime: 45min	**Tourtime:** 3h	**Returntime:** 5min
Altitude entry: 1070m	**Altitude exit:** 880m	**Delta Altitude:** 190m
Canyon length: 500m	**Highest rapell:** 90m	**Amount rapells:**
Transport: on Foot	**Rock type:**	**Drainage area:** 7.00km²
Season: August - September	**Orientation:** North	**Best Time:**
Rating: ☆ 0 ()	**Info:** ★ 2 (1)	**Belay:** ★ 0 ()
Specialities:		
Gear: Ropes: 2x 100m & 1x 40m		
Summary: (machine translated) Sequence of rappels and downclimbs, up to the c90 highlight.		
Hydrology:		
Access: (machine translated) From Nice, head north into the Tineetal valley on the D 2205 to Isola. At the traffic circle, take the second exit and take the first turning on the left. Park before or after the bridge over the Tinée.		
Approach: (machine translated) From the car, follow the path to the right over the tinée. After approx. 150m, a path goes uphill on the left-hand side. Do NOT turn off at approx. 970m, but continue uphill on the path until you reach a gravel road. Follow the track to the right until the road crosses the stream (approx. 1110 m).		
Tour: (machine translated) Sequence of rappels and downclimbs, up to the c90 highlight. Be careful, the rock is very slippery. The canyon is very incised and there are no emergency exits.		
Return: (machine translated) Before the confluence with the Tinée, get out on the right and follow the car on the gravel road to the bridge //.		
Coordinates: Canyon Start 44.1823 7.0457 Canyon End 44.1853 7.0479 Parking Entry and Exit 44.1842 7.0518		

Reports:

2025-09-27 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Louch Conditions sympa pour Louch même s'il fait un peu frisquet en ce moment.J'ai oublié de défaire un mousqueton au relais de la grande cascade, du coup obligé de couper la corde pour finir le canyon et remonter ensuite récupérer le reste !Sinon RAS ???? (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20154/observations.html)

2025-09-06 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Louch Pas tres pratique ni comfortable le relais depuis la passerelle,j ai pas compris l utilité.. et l acces et pas simpleTop 1 des relais les plus mauvais (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20154/observations.html)

2025-08-31 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Louch (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20154/observations.html)

2025-08-26 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Louch (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20154/observations.html)

2023-04-20 | Daniel Sturm | |🕮 ★ ★ |⚓ | | 👎 Not done
Canyon created. (machine translated)