Valle Fredda

Val(le) Fredda,Val Fredda,Fredda

Create: 2023-03-09 20:54:06	**Update:** 2024-08-21 08:33:08	**Print:** 2026-11-10 02:11:16
Country: Italia / Italy **Region:** Trentino-Alto Adige **Subregion:** Trento / Provincia autonoma di Trento **Town:** Kronmetz/Mezzocorona		
Difficulty: difficult	**Grading:** v5 a3 VI	**Total time:** 5h55
Approachtime: 45min	**Tourtime:** 5h	**Returntime:** 10min
Altitude entry: 1000m	**Altitude exit:** 250m	**Delta Altitude:** 750m
Canyon length: 1600m	**Highest rapell:** 145m	**Amount rapells:** 9
Transport: Cablecar	**Rock type:**	**Drainage area:** km²
Season: June - October	**Orientation:**	**Best Time:**
Rating: ☆ 3 (2)	**Info:** ★ 2 (2)	**Belay:** ★ 2 (2)

Specialities:

Gear:
Ropes: 2x 70m

Summary: (machine translated)
Alpine rappel canyon where running sections alternate with vertical parts. Lots of downclimbing.

Hydrology:

Access: (machine translated)
From Bolzano about 35 km on the A22 south, then exit to Mezzocorona and from there north to P2 (parking exit) at the houses of Maso Nuovo (see map in photo gallery). \nWith the second car we then go to the valley station of the cable car "Funivia Monte"(see implementation in photo gallery). Also well doable on foot.

Approach: (machine translated)
The cable car (one way 5 euros - 2014) brings us quickly to 890m altitude. We take the path "500", then "507" in the direction of Malga Kraun. It joins a forest road that we follow. Soon we cross the Val Piaget. We follow the path for about 60 minutes in total. Then we come to a side stream of Val Fredda. We can either enter already via this one or go a little further to enter directly into the main stream (see overview sketches in photo gallery).

Tour: (machine translated)
10 rappels; first some from trees, the valley is still relatively open. Then the canyon narrows and we come to the key point, the 130m waterfall - "Cascatina Batol". First 10m to the edge, then 30m with a stance offset to the left on a sloping ledge, then the remaining 90m. According to catasforre.aic, the 145 m waterfall is equipped as follows: 10-30-45-60 (not verified))

The route continues in a chaos of rock with some smaller rappels and climbs. Finally, another high drop (10m + 65m) before we reach the plain.

Escape routes:
You can climb out of the canyon before the incised part. In the wooded part above the final waterfall there is a visible path that crosses the canyon. This leads into the valley - ATTENTION: very exposed path of shepherds. There is a gate that may have to be climbed over. The path comes out at the valley station of the cable car.

Return: (machine translated)
At the house turn left and follow the road around parking lot P2.

Coordinates:
Canyon Start 46.2433 11.1318
Canyon End 46.2328 11.1408
Parking at Entry 46.2187 11.1186
Parking at Exit 46.2300 11.1411

Reports:

2025-07-11 | Bina | ☆ ☆ ⯨ |🕮 ★ ★ |⚓ ★ ★ | ≋ Normal | 👍 Completed
30min. stream walk until the high step comes: 10m (onto a bottom) 10m onto a small bottom (anchors are on the right, not so great anymore, we didn't use them) 30m (whistle signals not well audible and "swinging") 45m (space for 2 people) 60m This is followed by a nice corridor and another rappel. Then a lot of downclimbing, stream walking, ...□□ Beautiful final cascade □□. (machine translated)

2024-08-07 | Daniela Rossi | ☆ ☆ ☆ ⯨ |🕮 ★ ★ |⚓ ★ ★ | ≋ Normal | 👍 Completed
Great rappel canyon with impressive wall height. The two high rappels are beautiful. Otherwise a lot of walking, but varied. Important: Take a small plate and nut with you as well as a wrench or pliers. Anchors keep coming loose because of the limestone. The upper anchors in the 140 meter step could be replaced. Also be careful with falling rocks! (machine translated)

2023-03-09 | System User | |🕮 |⚓ | |
Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von https://www.descente-canyon.com/canyoning/canyon/23825

2023-03-09 | System User | |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/ValleFreddaCanyon.html

First descent: 19.07.2014 by Marcello Carli, Erwin Kob, Gabriella Russo, Giorgio Santi, Giuseppe Berardi, Silvio Antonioni