

# Sieste

Barranco Fondo,Rio Sieste,Barranco San Martin

<b>Info: The quality of this description has not been checked yet or was rated bad.</b> If you know this canyon, please check this description and file a report with a rating for this description using <i>Reports</i> -> + <i>New Report</i> . Should you notice any error, please let us know or join the community in order to fix this description yourself.		
<b>Create:</b> 2023-03-09 20:55:33	<b>Update:</b> 2023-11-20 11:21:03	<b>Print:</b> 2026-05-12 10:05:50
<b>Country:</b> España / Spain <b>Region:</b> Aragón <b>Subregion:</b> Huesca <b>Town:</b> Boltaña		
<b>Difficulty:</b> not as difficult	<b>Grading:</b> v3 a2 I	<b>Total time:</b> 6h
<b>Approachtime:</b> 1h20	<b>Tourtime:</b> 4h30	<b>Returntime:</b> 10min
<b>Altitude entry:</b> 890m	<b>Altitude exit:</b> 755m	<b>Delta Altitude:</b> 135m
<b>Canyon length:</b> 1700m	<b>Highest rapell:</b> 28m	<b>Amount rapells:</b> 5
<b>Transport:</b> on Foot	<b>Rock type:</b>	<b>Drainage area:</b> km <sup>2</sup>
<b>Season:</b>	<b>Orientation:</b> East	<b>Best Time:</b>
<b>Rating:</b> ★ 2.8 (1)	<b>Info:</b> ★ 0 ( )	<b>Belay:</b> ★ 0 ( )
<b>Specialities:</b>		
<b>Gear:</b> Ropes: 2x30m		
<b>Summary:</b> (machine translated) In each case 2-3 rappels in the upper reaches, then a hike along a sintered streambed. Jumps and slides. The canyon should be visited in spring or after (heavy) rainfall, as there is no water flow in summer.		
<b>Hydrology:</b>		
<b>Access:</b> (machine translated) From Ainsa. You could also make access easier by shuttle, but 22km of shuttle and a less interesting descent in the Rio Sieste to E1 make this alternative unnecessary in practice. If you don't want to be put off by this, you can read more about the transfer in "Senderos de Agua del rio Ara" on page 85 bottom right.		
<b>Approach:</b> (machine translated) * <a href="https://www.wikiloc.com/canyoneering-trails/acceso-a-la-cabecera-del-arrollo-de-sieste-cono-el-mundo-6592506">https://www.wikiloc.com/canyoneering-trails/acceso-a-la-cabecera-del-arrollo-de-sieste-cono-el-mundo-6592506</a> You can also climb up the canyon itself, but then you won't be able to avoid putting on your wetsuit. Where you reach the confluence of the two spring streams at Poza Chinchirigoy - here at the latest you have to swim - you can turn right (= orographic left) up to the entry into the left spring stream (E2) and from there continue on a path to E1. Or you can go up the right-hand spring river, keeping left, directly to E1 and overcome the double waterfall "Coño del Mundo"- "Cascada del Confesionario" via a via ferrata on the orographic right-hand side.		
<b>Tour:</b> (machine translated) * <a href="https://www.wikiloc.com/canyoneering-trails/barranco-san-martin-y-su-afluente-el-barranco-fondo-inguru-abentura-9329045">https://www.wikiloc.com/canyoneering-trails/barranco-san-martin-y-su-afluente-el-barranco-fondo-inguru-abentura-9329045</a> After an entry via E1 or E2, you can continue downhill directly at the confluence of the spring streams or you can combine the two spring streams, as at * <a href="https://www.wikiloc.com/canyoneering-trails/barranco-san-martin-y-su-afluente-el-barranco-fondo-inguru-abentura-9329045">https://www.wikiloc.com/canyoneering-trails/barranco-san-martin-y-su-afluente-el-barranco-fondo-inguru-abentura-9329045</a> . The latter can also be seen in the youtube video: <a href="https://youtu.be/OLY-qS3OvFg">https://youtu.be/OLY-qS3OvFg</a>		
<b>Return:</b> (machine translated) After the last basin of the "Pozas de San Martin" turn left up to the approach path and back to the car		

**Coordinates:**

Canyon Start [42.4042 0.0178](#)

Parking Entry and Exit [42.4095 0.0375](#)

Canyon End [42.4079 0.0359](#)

Alternative Canyon Start [42.4080 0.0170](#)

Waypoint [42.4069 0.0195](#)

**Reports:**

2025-06-21 | System User | |📄|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Sieste Eau laiteuse impossible de voir où l'ont pause les pieds,cheminement sur les berges . (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21112/observations.html>)

2025-05-25 | System User | |📄|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Sieste 1 nouveau relais à la seconde cascade.Les tobs ne glissent plus suite à la méga crue de septembre... (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21112/observations.html>)

2024-06-22 | System User | |📄|📍|🌊 Low |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Sieste (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21112/observations.html>)

2024-06-16 | System User | |📄|📍| |

Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Ruta GPS, Topografía de <https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:huesca:sieste>

2024-05-12 | System User | |📄|📍|🌊 Low |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Sieste (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21112/observations.html>)

2024-05-03 | System User | |📄|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Sieste (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21112/observations.html>)

2024-04-09 | System User | |📄|📍|🌊 Normal |👍 Completed

Automatisch importiert von Descente-Canyon.com für Canyon Sieste Aucune difficulté rencontré.Agréable à cette période avec un peu d'eau (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21112/observations.html>)

2023-03-09 | System User | ★★|📄|📍| |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/21112>

2023-03-09 | System User | |📄|📍| |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/SiesteCanyon.html>