# Sauze (aval)

Sauze aval, Blache amomt,Sauze (Sause), Blache,Ravin du Sauze,Amont de la Blache,Le Sauze,Sauze

**Info: The quality of this description has not been checked yet or was rated bad.**
If you know this canyon, please check this description and file a report with a rating for this description using *Reports -> +New Report.* Should you notice any error, please let us know or join the community in order to fix this description yourself.

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|---|---|---|
| **Create:** 2023-03-09 20:55:03 | **Update:** 2024-01-21 10:06:40 | **Print:** 2026-11-10 02:11:33 |
| **Country:** France **Region:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Subregion:** Alpes-de-Haute-Provence **Town:** Le Lauzet Ubaye | | |
| **Difficulty:** a little difficult | **Grading:** v4 a3 IV | **Total time:** 4h47 |
| **Approachtime:** 45min | **Tourtime:** 4h | **Returntime:** 2min |
| **Altitude entry:** 1355m | **Altitude exit:** 1070m | **Delta Altitude:** 285m |
| **Canyon length:** 2500m | **Highest rapell:** 25m | **Amount rapells:** 15 |
| **Transport:** | **Rock type:** limestone | **Drainage area:** km² |
| **Season:** | **Orientation:** Southwest | **Best Time:** |
| **Rating:** ☆ 3.3 (2) | **Info:** ★ 0 () | **Belay:** ★ 2 (1) |

**Specialities:**

**Gear:**

**Summary:** (machine translated)
Alpine rappel canyon, which can be rappelled mainly outside the "beam".

**Hydrology:**

**Access:** (machine translated)
Drive to Lauzet-Ubaye and cross the Ubaye at the "medieval bridge". Continue to the Blache canyon (lower part of the Sauze) and park there.

**Approach:** (machine translated)
First follow the path towards Champcontier. Then continue on the path towards "Chemin du Col de la Rousse"

**Tour:** (machine translated)
At the beginning a 55m rappel, which is abseiled in the beam and outside and broken approximately in the middle.

**Return:** (machine translated)
Attach to the car or tarpaulin at the road bridge.

**Coordinates:**
Canyon Start 44.4484 6.4303
Parking Entry and Exit 44.4456 6.4219
Parking at Entry 44.4468 6.4190
Canyon End 44.4459 6.4220

**Reports:**

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2025-09-21 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sauze DC+. Ça poussait un peu dans le grand rappel.Formation à l'équipement au top.Parcouru avant l'orage. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2761/observations.html)

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2025-09-06 | System User | |🕮 |⚓ | 〰 Normal | 👎 Not done
Automatisch importiert von Descente-Canyon.com für Canyon Sauze Partie aval seulement / un gros débit correct dans cette partie / très sympa (enchaîné avec la Blache partie amont) Compter presque 4h de canyon pour 1h seulement de marche d'approche... (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2761/observations.html)

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2025-08-31 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sauze DC+, top dans ces conditions (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2761/observations.html)

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2025-08-26 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sauze Descendu à partir de la très belle C55. Débit correct + très sympa.Équipement ok ! Agréablement surpris par ce canyon. Tout s'enchaîne bien ! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2761/observations.html)

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2025-08-11 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sauze Toujours le cadavre du chien en décomposition.Entrée à 1350 et enchaînement avec Blache. Équipement RAS. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2761/observations.html)

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2025-07-23 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sauze Équipements OK, belle conditions (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2761/observations.html)

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2025-07-15 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sauze Prendre de la corde à couper (6 à 10m) pour renouveler celle de la dernière C16 (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2761/observations.html)

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2025-07-12 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sauze RAS (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2761/observations.html)

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2025-07-12 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sauze Fait avec Mimi la sardine et toute sa team, au top, une super journée. + D'infos Nico 0618522515 (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2761/observations.html)

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2025-07-12 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sauze Fait pour la première fois. Superbe !!! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2761/observations.html)

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2025-06-28 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sauze Débit correct équipement nickelle (nous avons remis un point sur une cascade ) (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2761/observations.html)

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2025-06-28 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed
Automatisch importiert von Descente-Canyon.com für Canyon Sauze DC+Eau froide le matin, mais plein soleil dans l'apremUn piton ajouté sur le relai de la dernière C16 relié en 7 pointsLongueurs des plus grands relais un peu short sur le topo Beaucoup de chutes de pierres (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2761/observations.html)

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2024-11-11 | System User | |🕮 |⚓ | 〰 Normal | 👍 Completed

**Parts:**
Sauze (aval), v4 a3 IV, 45min+4h+2min
Blache, v4 a3 II, 25min+2h30+15min