

Rio Frio (Cantabria)

Cañón de Río Frío

Info: The quality of this description has not been checked yet or was rated bad.

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

Create: 2024-06-05 23:14:06

Update: 2026-03-14 22:11:18

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Country: España / Spain **Region:** Cantabria **Subregion:** Cantabria **Town:** Vega de Liébana

Difficulty: not as difficult

Grading: v3 a3 III

Total time:

Approachtime:

Tourtime: 3h

Returntime: 10min

Altitude entry: m

Altitude exit: m

Delta Altitude:

Canyon length: 2000m

Highest rapell: 18m

Amount rapells: 10

Transport:

Rock type:

Drainage area: km²

Season: June - August

Orientation:

Best Time:

Rating: ★ 0 ()

Info: ★ 0 ()

Belay: ★ 0 ()

Specialities:

Gear:

Summary: (machine translated)

A fast-flowing, sporty and very fun canyon. Be careful if the power plant does not work because the flow can be high or rise quickly and cause problems.

Hydrology: (machine translated)

Quite complicated in the most enclosed areas

Access: (machine translated)

On the N621 towards Potes continue towards the port of San Glorio and in La Vega turn left onto the CA894 towards Bárago.

We pass Bárago and at the height of the bridge we can park the car back or get into the left on the track that goes up to the plant.

With the access car we continue to Cucayo, cross the village and go to the bridge over the river. We park here

Approach: (machine translated)

From the Cucayo Bridge

Tour: (machine translated)

Descent with up to 13 rappels, many of which can be climbed. The enviable environment makes the horizontal sections a very pleasant walk and the rappel areas are spectacular. Provide material for natural and reinstatement.

Be very careful with the water level and possible stops of operation of the plant that would increase the flow.

Return: (machine translated)

Before the power plant there is a jump. From this jump you can exit to the right towards the power plant. If you leave the car on the bridge you have to continue along the river or leave by the power station and walk along the track.

Coordinates:

Canyon Start [43.0714 -4.6231](#)

Reports:

2024-06-16 | System User |   | |

Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Verticalidad, Acuáticos, Seriedad, Resumen, Hidrología, Acceso, Acceso, Recorrido, Regreso, Tiempo tour, Tiempo regreso, Rapel más alto, Cantidad rapells, Longitud del cañón, Temporada start, Temporada end, Ruta GPS, Topografía de https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:cantabria:rio_frio

2023-03-09 | System User |   | |

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