

Rein da Sumvitg

Create: 2023-10-10 21:07:49	Update: 2024-10-28 15:50:41	Print: 2026-06-26 11:06:13
Country: Schweiz / Switzerland Region: Kanton Graubünden Subregion: Region Surselva Town: Val Sumvitg		
Difficulty: not as difficult	Grading: v3 a3 III	Total time: 2h55
Approachtime: 15min	Tourtime: 2h	Returtime: 40min
Altitude entry: 1100m	Altitude exit: 1010m	Delta Altitude: 90m
Canyon length: 700m	Highest rapell: 22m	Amount rapells: 11
Transport: Car required	Rock type:	Drainage area: km ²
Season: July - October	Orientation: North	Best Time:
Rating: ★ 3.8 (8)	Info: ★ 2.5 (6)	Belay: ★ 2.6 (7)
Specialities: Glacier in drainage area, Fun canyon,		
Gear: Ropes: 2x 25m		
Summary: (machine translated) A fun canyon where you can enjoy a river walk with longer runs.		
Hydrology: (machine translated) Glaciers in the catchment area		
Access: (machine translated) Drive from Chur via Flims/Laax in the direction of Disentis/Mustér and turn off at Surrein to the parking lot at the exit.		
Approach: (machine translated) You can either take a second car to Sumvitg or walk for about 30 minutes. Alternatively, there is also an "alpine bus" that runs from Surrein to Sumvitg for 15 per person. There are various options for the start, depending on how much you like walking or how long you want the tour to be. 1. access According to Swiss Alps Canyoning Vol. 2 2nd access A little further up via a path down to a bridge. 3rd access Over the side river Acla Mulin.		
Tour: (machine translated) There are always crystal-clear pools, some of which invite you to jump and slide. If you have an eye for jumps, you will find some up to 15 meters. Only the first 22-metre rappel is compulsory, the rest can also be jumped (after checking the pools). The canyon exits at the last pool, a slide with a 2-metre drop, and you walk another hour or so to the car through some really beautiful scenery.		
Return: (machine translated) From the last pool you walk about 1 hour to the parking lot.		

Coordinates:

Canyon Start [46.7045 8.9559](#)

Canyon End [46.7099 8.9560](#)

Parking at Entry [46.7050 8.9529](#)

Parking at Exit [46.7190 8.9539](#)

Reports:

2025-08-11 | Herbert von Neumann | ★★★★★ | 📖 | 📍 | 🌊 Normal | 🍏 Completed

Nice easy canyon, bit discontinuous but in a beautiful scenery so totally worthy...amazing colors in the pools (machine translated)

2025-08-09 | Sascha Schäfer | ★★👉 | 📖 | 📍 | 🌊 Low | 🍏 Completed

At one abseiling point there is only one bolt, but can be downclimbed beautiful pools but also a lot of walking (machine translated)

2025-06-29 | System User | | 📖 | 📍 | |

Automatisch importiert von Schlucht.ch für Canyon Rein da Sumvitg, Wasserstand: "Normal" Verankerungen: "i.o"
Bei der ersten Rutsche t6 liegt ein Baum im Wasser. Wir sind, ohne probleme, ganz auf der rechten Seite gerutscht. (Quelle: <https://schlucht.ch/schluchten-der-schweiz-liste/1302-rein-da-sumvitg>)

2025-06-28 | Urs K. | ★★★★★ | 📖 ★ | 📍 ★★ ★ | 🌊 Normal | 🍏 Completed

We took the AlpinBus to the bridge at "Punt Rosas" (where Nadels comes in) and started the tour from there. You then walk a lot with small slides, jumps and pools to the actual tour. Everything was easy to do. (machine translated)

2024-09-25 | Patrik | ★★★★★ | 📖 ★ | 📍 ★ | 🌊 Low | 🍏 Completed

Beautiful canyon with clear water. (machine translated)

2024-09-21 | Christoph Cramer | ★★★★★ | 📖 ★★ | 📍 ★★ | 🌊 Normal | 🍏 Completed

Access without shuttle from the lower parking lot (50 min). At the exit of the meadows we changed to the stream and rappelled 10 and 25m on trees. All jumps are doable, the T15 is blocked by a tree at the bottom. Top canyon. 50 minutes of stream slogging to the parking lot, but that was OK. (machine translated)

2023-10-23 | Daniel Sturm | | 📖 | 📍 | |

Basic data taken with kind permission by Matthias Holzinger from "Swiss Alps Canyoning VOL. 2.0" (machine translated)

2023-09-09 | Urs K. | ★★★★★ | 📖 ★★ ★ | 📍 ★★ ★ | 🌊 Normal | 🍏 Completed

We climbed via the Val Acla Mulin suspension bridge. Rock very grippy and all jumps/slides are easy to do. Comfortable with jumps/slides repeat 4.5h (entry-exit). (machine translated)

2022-08-07 | Urs K. | ★★★★★ | 📖 ★★ ★ | 📍 ★★ ★ | 🌊 Normal | 🍏 Completed

Water crystal clear as always. Everything doable except for the S8 at C22. (machine translated)

2022-07-24 | Urs K. | ★★★★★ | 📖 ★★ ★ | 📍 ★★ ★ | 🌊 Normal | 🍏 Completed

Don't be surprised if no water flows at the exit parking lot, it seeps away completely 100m further up. S8 at C22 is only about 1.5m deep. But you can take S3/S4 on the right. At R4/S4 jump into the pool on the right (about 1.5m deep), on the left there is also a small pool (not checked how deep) which probably has a kind of siphon because of the large boulder under which it pushes the water through. R4 after T7 is now a S3 (pool about 3m deep). Shortly afterwards there is another S6 on the right (pool approx. 4m deep). At T10+S2 you lightly touch the bottom of the pool. The tree trunk at T10+S2 according to the photo in Swiss Alps 2.0 is now gone, so you can make an S15 there (before T10+S2 up to the right, jump off at a large fir tree). Otherwise everything as in the topographic view. Everything can be repeated from the C22. (machine translated)