

# Araing

L'Araing, Le Lez

**Info: The quality of this description has not been checked yet or was rated bad.**

If you know this canyon, please check this description and file a report with a rating for this description using *Reports* -> *+New Report*. Should you notice any error, please let us know or join the community in order to fix this description yourself.

**Create:** 2024-06-05 22:31:19

**Update:** 2026-03-14 22:11:32

**Print:** 2026-06-27 06:06:15

**Country:** France **Region:** Occitanie **Subregion:** Ariège **Town:** Sentein

**Difficulty:** not as difficult

**Grading:** v3 a3 III

**Total time:** 4h45

**Approachtime:** 1h30

**Tourtime:** 2h

**Returntime:** 1h15

**Altitude entry:** 1300m

**Altitude exit:** 1200m

**Delta Altitude:** 100m

**Canyon length:** 420m

**Highest rapell:** 26m

**Amount rapells:** 9

**Transport:**

**Rock type:**

**Drainage area:** km<sup>2</sup>

**Season:** June - November

**Orientation:**

**Best Time:**

**Rating:** ★ 3.3 (1)

**Info:** ★ 0 ()

**Belay:** ★ 0 ()

**Specialities:**

**Gear:**

Ropes: 2x30m

**Summary:** (machine translated)

After a long access we find this ravine well dug and formed. Among lush forests and abundant water we can enjoy this "simple" descent if the flow is not high.

**Hydrology:** (machine translated)

Just before each waterfall on the left.

**Access:** (machine translated)

Access to Isard parking lot

We arrive at Saint Girons on the D117 and before crossing the bridge over the Le Lez river, at the traffic circle we turn right on the D618 to Castillon-en-Couserans.

Access to Isard, Araing and Pugues ravines

Continue on the D4 towards Bordes s/Lez and cross it towards Sentein, continue a couple of kilometers on the D4 to Le Pont. Here we turn right (sign Etang de l'Araing) to the parking of Freychendech.

**Approach:** (machine translated)

Approach to the Isard, Araing and Pugues ravines

We take the path that runs along the orographic right of the Isard and climbs to the Etang de l'Araing. We leave the detour that leads to the chapel on the right (there is a bridge / footbridge) and climb to about 1300m approx. Here we leave the path of the etang and go right towards the river. There is a small marked path to go down.

**Tour:** (machine translated)

A series of cliffs lead us to the first waterfall and after another stretch of cliffs we arrive at the second one. Both are boxed and with a lot of atmosphere. After the second waterfall there is only one more section of climbing and a small rapell to reach the confluence with l'Isard (on the left). Before we have an escape route to the left.

**Return:** (machine translated)

We can leave through the loophole to go to the path that goes up to the Upper Isard ravine or follow the river to the footbridge.

**Coordinates:**

Canyon Start [42.8520 0.8856](#)

Canyon End [42.8551 0.8903](#)

Parking Entry and Exit [42.8678 0.9275](#)

## Reports:

2025-10-17 | System User | |📖|📍|🌊 Normal |👍 Completed

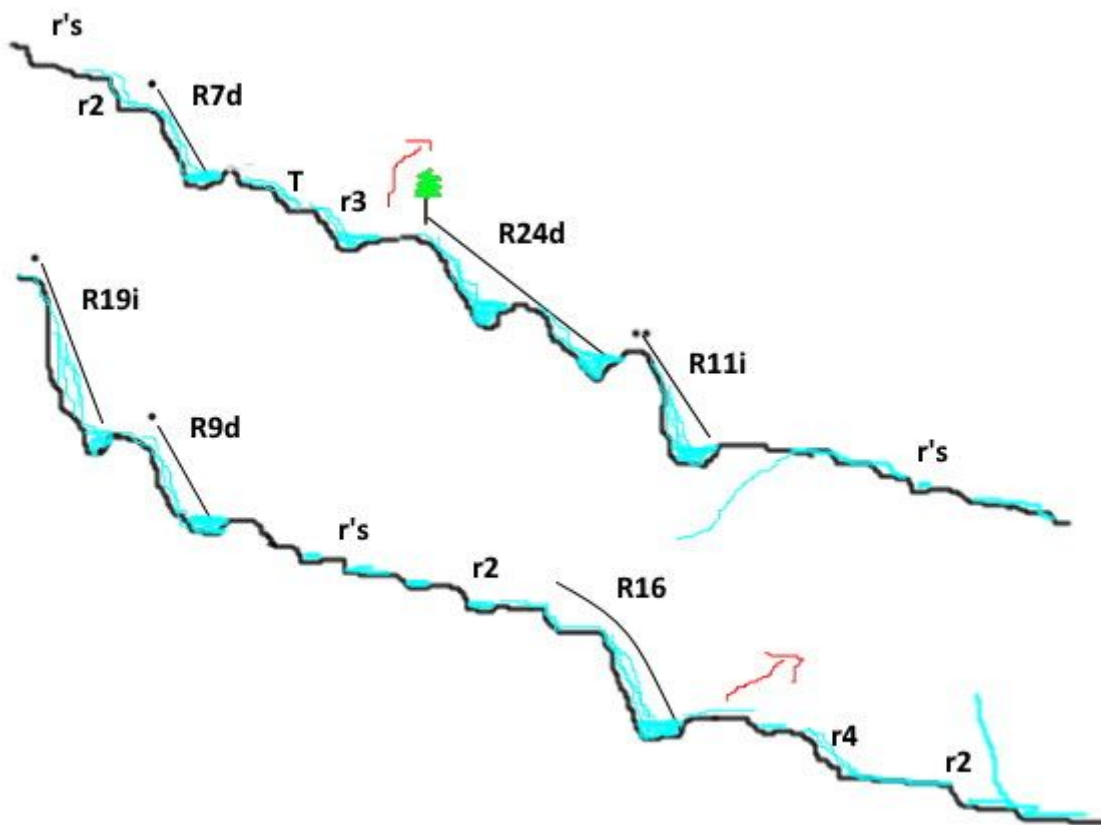
Automatisch importiert von Descente-Canyon.com für Canyon Araing Super glissant!! les étroitures se sont bien dégagées, presque plus de troncs, par contre on les retrouve plus bas... (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22467/observations.html>)

2024-06-16 | System User | |📖|📍| |

Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Resumen, Hidrología, Acceso, Acceso, Recorrido, Regreso, Temporada start, Temporada end, Ruta GPS, Topografía de <https://www.docuwiki.infobarrancos.es/doku.php?id=barrancosfra:ariege:araing>

2023-03-09 | System User | ⭐⭐⭐ |📖|📍| |

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